

Heritage Highlights



At the Redding Community Center

OCTOBER 2013



Heritage Center Hours: Mon.-Wed.8:30am-5:30pm

Thursday:8:30am-6:00pm Closed Fridays & 10/14

Municipal Agent:Gail Schiron 203-938-3580-socialservices@townofreddingct.org

Heritage Center:Marie Sibilio 203-938-9725-seniors@townofreddingct.org

What knowledge do you have of the spectacular 1939 New York World's Fair? Did you attend the New York World's Fair, and do you have any souvenirs or memorabilia that you would like to share?

The 1939 New York World's Fair will be the subject of special 60 minute presentation Thurs., Oct. 10 @ 1:00 pm in the Community Room

The Redding Heritage Center and the Newtown Senior Center are jointly sponsoring these history programs given by Art Gottlieb, a local historian. Mr. Gottlieb has been a curator of Naval History and a Technical Director of Exhibits at the Intrepid Sea, Air & Space Museum in NYC, where he worked extensively with veterans of all services to create exhibits that accurately illustrate warfare of the 20th century. In the past three years Mr. Gottlieb has presented many informative programs to area senior centers & the Norwalk Lifetime Learners Institute.

The public is welcome to attend Thurs.,Oct. 10 at the Heritage Center in Redding (topic: 1939 NYC World's Fair). Kindly call the Redding Heritage Center (203-938-9725) to register for this free event.

Amazing Record Breaking Weather! - Wednesday, October 16 at 1:00 in the Community Room. We will be welcoming back meteorologist, Art Horn with another wonderful presentation about weather. We will discover why so many weather records have been broken recently. The program will take about one hour with questions after. Kindly call 203-938-9725 if you would like to attend.

Cooking Class: Thursday, October 17 at 10:00am in the Multi-Purpose Room. Mary Jo Dix will be our chef. Come have a delicious morning of fun making some great food and enjoying lunch with your fellow chefs. Mary Jo will be customizing "Hot Pockets"- a flakey stuffed turnover filled with your choice of a variety of veggies & meat plus Old World Minestrone Soup. The fee is \$10 & you must sign up by Oct. 10.

Holiday Train Show @ New York Botanical Gardens—Tuesday, December 17, 2013. Lunch will be at "Ann & Tony's" on Arthur Avenue. After lunch you will enjoy the HOLIDAY TRAIN SHOW at the New York Botanical Gardens. There you will enjoy a half-hour guided tour of the famous Holiday Train Show. Experience one of New York's most beloved winter traditions. Cost is \$91 pp. Reservations with payment must be made by November 26, 2013.

Talking About Books

Our October book discussion will be held on Monday, October 28 at 1:00 pm in the Lounge. The book to be discussed is: Old Gringo by Carlos Fuentes. In this novel: The “Old Gringo” tells the story of Ambrose Bierce, the American writer, soldier, and journalist, and of his last mysterious days in Mexico living among Pancho Villa’s soldiers, particularly his encounter with General Tomas Arroyo. In the end, the incompatibility of the two countries claims both men in a novel that is, most of all, about the tragic history of two cultures in conflict. Books are available at the Mark Twain Library.



After Lunch Matinee Tuesday, October 22 @12:45 will feature The Great Gatsby. It’s the spring of 1922 in New York City, a decadent playground of shifting morals, glittering jazz, bootleg empires and skyrocketing stocks. Chasing the American Dream, would-be writer Nick Carraway arrives from the Midwest only to land next door to Jay Gatsby, a mysterious millionaire whose estate overflows with endless parties. As Nick’s beautiful cousin Daisy & her blue-blooded husband Tom Buchanan fall into Gatsby’s orbit, Nick bears witness to a tragedy of impossible love and incorruptible dreams. Based on F. Scott Fitzgerald’s timeless epic, The Great Gatsby.



FLU SHOTS

October 2—9:00 to 12:00 given by BVNA in Community Room @Community Center
October 5—10:00 to 12:00 given by BVNA in Community Room @Community Cen-



Autumn Crafts

October 17 at 1:30—We will be making small & large stuffed cloth pumpkins for fall decorations. (See samples in our office window display) Class size limited to eight people. Kits are available at \$8.00 for the small pumpkin, and \$10.00 for the large pumpkin. You also have a choice of fabrics for your pumpkin.

October 24 at 1:30—We will be making cocktail glass coasters. The only thing you need to bring is 1/4 yd. of 4 different materials which will allow you to make 4 coasters. Pick fabrics that suit your décor.

Please call the office @203-938-9725 if you would like to participate.

Pippin—Saturday, November 2—PIPPIN is back on Broadway & has won the Tony Award for Best Musical Revival. The tickets are \$67.00, as these tickets are reduced student rate tickets. You will need to bring a child with you. Don’t have children? Bring your niece/nephew, bring your grandchild, bring your friend’s child for a great revival of this Broadway classic. Sign-up at Redding Park & Rec.(203)938-2551.

Heritage Center is seeking volunteers to work at the Danbury Mall gift wrapping station while supporting Habitat for Humanity who is sponsoring this event. Each wrapping day is divided into four 3 hr.session beginning at 9:00 am & ending at 9:00pm. We can choose to wrap only on that day, or choose to wrap on the same day each week until 12/23. Please call us at 203-938-9725 if you are interested in volunteering.

VAN SERVICE

For Van service call: 203-938-9725

The van runs Monday—Thursday from 9:00 am to 4:30 pm.

Please make a reservation at least 3 days in advance. The van is scheduled on a first come first serve basis. Medical appointments take priority over other appointments.



ON-GOING SERVICES

Meals-On-Wheels—203-628-7540

*Food Pantry— 203-938-3580
(Hours 10:00 am to 12:00 & 2:00 pm to 4:00 pm Tues thru Thurs)

MUST call for an appointment
*Blood Pressure Screening—2nd & 4th Tuesday 12:30 pm to 1:30 pm every month—no charge.

Lunch is served every Tuesday & Wednesday at 12:00 noon. A donation of \$2.00 per meal is suggested. Reservations MUST be made by 12:30pm Wednesday.

Alternative Healing & Reiki

The RVNA will present this special health program on Wed., Oct. 23rd at 1:00. Please register by calling 203-938-9725.

Need a Flu Shot? Get your shot from the BVNA on Wed. Oct 2 (9-noon) or Sat., Oct. 5 (10-noon) in the Community Room of the Redding Community Center

AARP Driver Safety Program Mon., Oct. 4 at

9:00am. To make your reservation call:203-938-9725

Open Enrollment for Medicare Part D. The Western Connecticut Area Agency on Aging will be at Heritage Center from 10:00am to 2:00pm on Wednesday, October 30 to help you choose & enroll in a Part D plan that meets your needs. Call 203-938-9725

Redding Technology Learning Center will begin classes in October. Photoshop Elements (8 wks) begins Tues., Oct. 15 at 9:30 am fee: \$40 plus \$28 for text book. Microsoft EXCEL: 8 wks, begins Tues., Oct. 15 at 1:30 pm Fee: \$40 plus materials. Digital Camera: 4 wks. begins Wed., October 16 at 9:30 am Fee: \$20. Microsoft WORD: 8 wks. begins Mon., Oct. 21 at 9:30 am Fee:\$40 plus materials. Please note that a minimum of two students is required for any class. Fees are payable at the first session. All computer sessions are taught with PC computers running Windows 7. To enroll, you must call (203) 938-9725 no later than October 3. Please provide your name, desired course, telephone number and e-mail.

GENERAL ACTIVITIES CALENDAR

MONDAY

9:00 am *Mah Jongg
10:00am *Walking Group
11:00am Stretch,Breathe & Be-exercise class
11:00am Jewelry (10/21 & 10/28)
1:30pm Advanced Genealogy Class



TUESDAY

10:00 am *Needleworks
10:30 am Aerobics
11:00 am Beg. Spanish
12:00 noon Lunch
12:30 pm *Blood Pressure Screening(2nd & 4th Tues. of month)
12:45 pm *Bridge
1:00 pm Art
1:00 pm*Scripture Study
6:00 pm Eve. Art



WEDNESDAY

9:00 am *Commission on Aging meeting -10/2
9:00 am Yoga
10:00 am Dwg. Class
10:00 am *Current Events Discussion Gr.
12:00 noon Lunch



THURSDAY

9:30 am Aerobics
10:00 am *Quilting
12:45 pm *Bridge
1:00 pm* Quilting Bee
2:00 pm Advanced Spanish (10/3,10/10, 10/17)



*** DENOTES FREE PROGRAM**

To access our newsletter go to the Town of Redding web page: Townofreddingct.org
-Under town department click on Heritage Center—our page will open up—click on our newsletter or any other items that interest you.

PROGRAMS AT HERITAGE CENTER – OCTOBER 2013

Closed Monday, Oct. 14 for Columbus Day –(* denotes free program)

MONDAY

9:00 am Mah Jongg*

10:00 am Walking Group*

11:00 am Stretch, Breathe & Be

11:00 am (10/21 & 10/28) Jewelry

1:00 pm (10/28) *Book Discussion –“Old Ringo” by Carlos Fuentes

1:00 pm Advanced Genealogy

TUESDAY

10:00 am Needleworks*

10:30 am Aerobics

11:00 am Spanish I

12:00 Noon – Lunch

12:30-1:30 pm Blood Pressure Screening* (10/8 & 10/22)

12:45 pm – After Lunch Matinee*(10/22) “The Great Gatsby”

12:45 pm Bridge*

1:00 pm Art

1:00 pm Scripture Study*

6:00 pm Evening Art

WEDNESDAY

9:00 am COA Meeting (10/2)*

9:00 am Yoga (No class 10/2)

9:00 am to 12:00 noon (10/2) Flu Shots – BVNA

10:00 am to 2:00 pm (10/30) WCAAA Open Enrollment for Med. Part D*

10:00 am Drawing

10:00 am Current Events Discussion Group*

12:00 Noon – Lunch

1:00 pm Art Horn meteorologist “Amazing Record Breaking Weather” (10/16)*

1:00 pm Alternative Healing/Reiki (10/23) Presented by RVNA*

THURSDAY

9:30 am Aerobics

10:00 am Quilting*

10:00 am (10/17) Cooking Class – Customized “Hot Pockets”

12:45 pm Bridge*

1:00 pm “1939 New York’s World Fair” by Art Gottlieb*(10/10)*

1:00 pm Quilting Bee*

1:30 pm (10/17) “Pumpkin” Workshop

1:30 pm (10/24) “Wine Glass Coasters”

2:00 pm (10/3, 10/10, 10/17)) Advanced Spanish